**Communication**sharing thoughts and understanding another person’s feeling are essential skills functioning in any society.

[SEL Lesson Week 18 Communication.docx](https://hallco.instructure.com/courses/46018/files/3370131/download?wrap=1)

[Five Types of Communication.docx](https://hallco.instructure.com/courses/46018/files/3370547/download?wrap=1)

**Monday Lesson-** Understanding Different Types of Communication

[**Link**](https://www.marketing91.com/five-types-of-communication/)**-** Five Types of Communication Video **(Links to an external site.)**

**Tuesday-** Barriers of a Healthy Form of Communication

[Link](https://www.youtube.com/watch?v=slq1nAhZuqE) – Language video **(Links to an external site.)**

[Link](https://www.skillsyouneed.com/ips/barriers-communication.html)- Skills you need (**Links to an external site.)**

**Wednesday-** What is Situational Communication?

[Link](https://www.youtube.com/watch?v=UoOvSHgO5A8) Situational Communication **(Links to an external site.)**

[Link- Adapting Communication Article](https://us.experteer.com/magazine/adapting-communication-styles-for-every-situation/) **(Links to an external site.)**

**Thursday-**What are Social Skills?

[Link](https://www.youtube.com/watch?v=WtyIkJt200o) Top 10 Social Skills for Success **(Links to an external site.)**

[**Link**](https://www.cdl.org/articles/social-skills-and-school/)**-** Social Skills Article **(Links to an external site.)**

**Friday-** Review, Revisit and Converse

[Link](https://www.youtube.com/watch?v=w97dR3OJB1k) How to improve Interpersonal Skills **(Links to an external site.)**