**Social Engagement- Week 16 SEL Lesson**

**Social Engagement**the extent to which an individual participates in a broad range of social roles and relationships, the commitment of a member to stay in the group and interact with other members.

[SEL Lesson Plan Social Engagement Week 16 .docxPreview the document](https://hallco.instructure.com/courses/46018/files/3296786/download?wrap=1)

**Monday Lesson-** Why am I in different social groups?

[**Link (Links to an external site.)Links to an external site.**](https://www.youtube.com/watch?v=ok9Ej6Ax6CI)

**Tuesday-** Developing positive social media habits

High School-

[Link (Links to an external site.)Links to an external site.](https://www.collegexpress.com/articles-and-advice/student-life/articles/college-health-safety/10-smart-social-networking-tips-students/)- 10 Smart Social Networking Tips

Middle School-

*Harvey Silver Drawing Strategy*

**Wednesday-**What is FOMO?

High School-

[Link (Links to an external site.)Links to an external site.](https://virtual-addiction.com/smartphone-compulsion-test/)- *Smart Phone Compulsion Test-*

[*Link (Links to an external site.)Links to an external site.*](https://www.youtube.com/watch?v=VrC_MSG9zSU)

Middle School-

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| [Fear Of Missing Out (FOMO) (Links to an external site.)Links to an external site.](https://www.youtube.com/watch?v=VrC_MSG9zSU) |

**Thursday-**Social networking cause anxiety?

High School-

Link (Links to an external site.)Links to an external site.- What Social Media Habits make us less happy?

**Friday-**How can I better engage people face to face